

ALLERGEN NOTICE

WE TAKE GREAT CARE IN PREPARING ITEMS TO MEET DIETARY REQUIREMENTS AND INTOLERANCES. HOWEVER, PLEASE BE AWARE OUR KITCHENS PREPARE OTHER FOODS IN THE SAME PLACE. OUR PRODUCTS MAY CONTAIN OR ARE PRODUCED IN KITCHENS WHICH CONTAIN OR USE PEANUTS, TREE NUTS, SEAFOOD, SOY, LUPIN, BARLEY, OATS, RYE, WHEAT, MILK, GLUTEN, EGG, SESAME, BUCKWHEAT AND SULPHITES.

MANUFACTURES CAN AND DO CHANGE INGREDIENTS FROM TIME TO TIME WITHOUT NOTICE. SO WE CANNOT GUARANTEE THE ABSENCE OF SPECIFIC INGREDIENTS.

CUSTOMERS CONCERNED WITH FOOD ALLERGIES NEED TO BE AWARE OF THESE RISKS.

SALAD DIETARIES 2026

Menu Item	Allergen Information						
	<i>Allergen Key: Y- Yes, N-No, M-May Contain, +- Cross Contamination Risks During Cooking</i>						
	DAIRY FREE	GLUTEN FREE	HALAL	VEGAN	VEGETARIAN	CONTAINS S/FOOD	CONTAINS NUTS
Grilled Chicken & Mango Salad - Thyme To Mango	N	Y	Y	N	N	M	Y
Chicken Caesar Salad - Chicken See's A Salad	N	N	N	N	N	M	M
Chicken Caesar Salad- Halal	N	N	Y	N	N	M	M
Falafel Kebab Salad - The Lazy Legume	N	Y	Y	N	Y	M	M
Mexican Chicken Salad - Guac And Bowl	N	Y	Y	N	N	M	M
Mediterranean Quinoa and Hummus Salad - Meze On The Go	N	Y	Y	N	Y	M	M
Miso Tofu Noodle Salad - Miso Magic	Y	Y	N	N	Y	M	M
Jerk Chicken, Avocado & Mango - Spice of Jamaica	Y	Y	Y	N	N	M	M
Asian Chicken & Vermicelli Noodles - The Thrills, The Grills	Y	Y	Y	N	N	M	M
Zucchini Lentil Bite Salad - Love at First Bite	Y	Y	Y	Y	Y	M	M