

ALLERGEN NOTICE

WE TAKE GREAT CARE IN PREPARING ITEMS TO MEET DIETARY REQUIREMENTS AND INTOLERANCES. HOWEVER, PLEASE BE AWARE OUR KITCHENS PREPARE OTHER FOODS IN THE SAME PLACE. OUR PRODUCTS MAY CONTAIN OR ARE PRODUCED IN KITCHENS WHICH CONTAIN OR USE PEANUTS, TREE NUTS, SEAFOOD, SOY, LUPIN, BARLEY, OATS, RYE, WHEAT, MILK, GLUTEN, EGG, SESAME, BUCKWHEAT AND SULPHITES.

MANUFACTURES CAN AND DO CHANGE INGREDIENTS FROM TIME TO TIME WITHOUT NOTICE. SO WE CANNOT GUARANTEE THE ABSENCE OF SPECIFIC INGREDIENTS.

CUSTOMERS CONCERNED WITH FOOD ALLERGIES NEED TO BE AWARE OF THESE RISKS.

MALLOKUP SAVOURY PASTRIES DIETARIES 2026

Menu Item	Allergen Information						
	Allergen Key: Y- Yes, N-No, M-May Contain, Y - Cross Contamination Risks During Cooking						
	DAIRY FREE	GLUTEN FREE	HALAL	VEGAN	VEGETARIAN	CONTAINS S/FOOD	CONTAINS NUTS
Vegetable Cornish Pastie	N	N	N	N	Y	M	M
Tomato + Ham Quiche	N	N	N	N	N	M	M
Pumpkin and Leek Quiche	N	N	N	N	Y	M	M
Mediterranean Quiche	N	N	N	N	Y	M	M
Beef, Cheese and Bacon Pie	N	N	N	N	N	M	M
Chicken and Veg Pie	N	N	N	N	N	M	M
Pepper Steak Pie	N	N	N	N	N	M	M
Shepherds Pie	N	N	N	N	N	M	M
Flaky Sausage Roll	N	N	N	N	N	M	M
Darringtons Spinach and Rycotta Roll	Y	Y	N	Y	Y	M	M
Darringtons Butter Chykyn	Y	Y	N	Y	Y	M	M
Darringtons Curry Pastie	Y	Y	N	Y	Y	M	M
Spinach and ricotta roll- Mrs Macs	N	N	Y	N	Y	M	M
Bacon and Cheese Sausage Roll - Mrs Macs	N	N	N	N	N	M	M

MALLOKUP BAKERY DIETARIES 2026

Menu Item	Allergen Information						
	Allergen Key: Y- Yes, N-No, M-May Contain, +- Cross Contamination Risks During Cooking						
	DAIRY FREE	GLUTEN FREE	HALAL	VEGAN	VEGETARIAN	CONTAINS S/FOOD	CONTAINS NUTS

Cheese + Tomato Croissant	N	N	Y	N	Y	M	M
Chicken + Cheese Croissant	N	N	Y	N	N	M	M
Ham + Cheese Croissant	N	N	N	N	N	M	M
Breakfast Wrap	N	N	N	N	N	M	M
Cashewnut round danish	Y	Y	N	Y	Y	M	Y
Spicy Chicken Schnitzel, Cheese, Iceburg lettuce, Dill Pickle and Burger Sauce Bagel	N	N	Y	N	N	M	M
Egg, Tomato, Caramelised Onion, Cheese and Tomato Relish bagel	N	N	Y	N	Y	M	M
Panko Crumbed Chicken Wrap	N	N	Y	N	N	M	M
Roasted Pumpkin, Zucchini, Capsicum, Eggplant, Hommus, Fetta, Spinach Wrap	N	N	Y	N	Y	M	M
Classic Cheese Toastie	N	N	Y	N	Y	M	M
Cheese and ham toastie	N	N	N	N	N	M	M
Chicken, Rocket, Avocado Sourdough Sandwich	N	N	Y	N	N	M	M
Grilled vegetables, Spinach and Provolone Cheese Sandwich	N	N	Y	N	Y	M	M
Continental Sandwich	N	N	N	N	N	M	M
Ham, Swiss Cheese, Whole Grain Mustard and Salad Sourdough Sandwich	N	N	N	N	N	M	M
Chicken, Roasted Capsicum, Spinach, Basil Pesto Sourdough Sandwich	N	N	Y	N	N	M	Y
Swiss Cheese and Mushroom Melt Sourdough Sandwich	N	N	Y	N	Y	M	M
Gluten Free Peri Peri Chicken and Salad Roll	N	Y	Y	N	N	M	M
Gluten Free Sundried tomato Pesto, Roasted Capsicum, Tomato, Spinach and Mozzarella Roll	N	Y	Y	N	Y	M	Y
Turkey, Brie, Caramelised Onion, Roquette and Seeded Mayo in Turkish Panini	N	N	Y	N	N	M	M

Menu Item and Group	Allergen Key: Y- Yes, N-No, M-May Contain, + - Cross Contamination Risks During Cooking						
	DAIRY FREE	GLUTEN FREE	HALAL	VEGAN	VEGETARIAN	CONTAINS S/FOOD	CONTAINS NUTS
Mallokup							
Plain Croissant	N	N	Y	N	Y	M	M
Choc Croissant	N	N	Y	N	Y	M	M
Blueberry Danish	N	N	Y	N	Y	M	M
Apricot Danish	N	N	Y	N	Y	M	M
Sultana scroll	N	N	Y	N	Y	M	M
Homemade Guild Brownie	N	N	Y	N	Y	M	M
Apple Cinnamon Muffin	N	N	Y	N	Y	M	M
Blueberry Muffin	N	N	Y	N	Y	M	M
Chocolate Muffin	N	N	Y	N	Y	M	M
Raspberry White Chocolate Muffin	N	N	N	N	Y	M	M
Carrot Cake	N	N	Y	N	Y	M	Y
Caramel Slice	N	N	Y	N	Y	M	M
Banana Bread (VG)	Y	N	Y	Y	Y	M	M
Peanut Butter Slice	Y	Y	N	Y	Y	M	Y
Salted Caramel Slice	Y	Y	N	Y	Y	M	Y
Raw Passionfruit Cheesecake Slice	Y	Y	N	Y	Y	M	Y
Lemon Love Slice	N	N	Y	N	Y	M	M
Almond crescent	N	Y	Y	N	Y	M	Y
Darringtons cookies	Y	Y	N	Y	Y	M	M

Daringtons jam donut	Y	Y	N	Y	Y	M	M
Red Velvet Cookie	N	N	N	N	Y	M	M
Biscoff Cookie	N	N	N	N	Y	M	M
Muesli Cookie	N	N	N	N	Y	M	Y
Pumpkin and chia loaf	N	N	Y	N	Y	M	M
Biscoff Scroll	N	N	N	N	Y	M	M
Nutella Scroll	N	N	N	N	Y	M	Y
Blueberry Scroll	N	N	N	N	Y	M	M
Jam Donut Scroll	N	N	N	N	Y	M	M
Coffee Scroll	N	N	N	N	Y	M	M
Cookies and Cream	N	N	N	N	Y	M	M
Classic Cream Cheese	N	N	N	N	Y	M	M
Traditional Scroll	Y	N	N	Y	Y	M	M