CURTIN STUDENT GUILD COMMERCIAL OUTLET MENU 2024

Genera	al Info									Allerg	gen In	forma	tion			
Menu Heading and Group	Outlet	EVERDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	GLUTEN FREE	HALAL	VEGETARIAN	VEGAN	DAIRY FREE	CONTAINS SEAFOOD	CONTAINS NUTS
Vegetable dumpling	Library	Х										Х				T
Chicken dumpling	Library	Χ													Χ	Т
Pork dumpling	Library	Χ													Χ	Т
Prawn dumpling	Library	Х													Х	T
Ramen Bowl	Library	X										X				Т
Korean chilli sauce - Extra	Library	X								· ·		X	Х	X	_	-
Tomato jam - Extra	Library	X								Х		X		Т	Т	Т
Extra Dumpling Serve - Vegetable Extra Dumpling Serve - Chicken	Library Library	X										^				
Extra Dumpling Serve - Crickeri	Library	X														
Extra Dumpling Serve - Prawn	Library	X														
GF Beef Burger	Library	X								Х	Х					
Chicken Burger (cheese, 1 sauce)	Library	Х									Х				Т	
Kakiage beef burger (cheese, 1 sauce)	Library	Х									Х				Т	
Chicken Wings + Chips	Library	X													Т	
Spice Bag	Library	Х													Т	Т
Chips - Small	Library	Х										Х	Χ	Т	Т	
Chips - Large	Library	Х										Х	Χ	Т	Т	
Chips + Gravy	Library	Х										Х	Χ	Т	Т	
Add Chip serve	Library	Х														
Add Chips + Gravy serve	Library	Χ														
Kaarage chicken with rice - Small	Library		Х											Х	Т	<u> </u>
Kaarage chicken with rice - Large	Library		X											Х	Т	
Creamy Pesto Pasta bake - Single	Library		X								X					X
Creamy Pesto Pasta bake - with Salad	Library		X								X				V	Х
Noodles - Small	Library		X								X				X	
Noodles - Large	Library Library		X								Χ.				Α	
Plain Rice - Small Plain Rice - Large	Library		X													
Yakatori Chicken Skewers + Rice + Salad Large Size Only	Library		X							Х	Х			Х		
Teriyaki Chicken - Small	Library			Х										X		
Teriyaki Chicken - Large	Library			X										X		
Fried Rice - Small	Library			X						Х	Х	Х				
Fried Rice - Large	Library			Х						Х	Х	Х				
Chicken Stir fry - Small	Library			Х						Χ	Х			Х	Х	Т
Chicken Stir fry - Large	Library			Х						Х	Х			Х	Х	Т
Plain Rice - Small	Library			Χ												
Plain Rice - Large	Library			Χ												
Sweet and sour pork - Small	Library				Х										Т	
Sweet and sour pork - Large	Library				Х										Т	
Honey Chicken - Small	Library				Х										Т	
Honey Chicken - Large	Library				Х										Т	
Plain Rice - Small	Library				Х											
Plain Rice - Large	Library				X											<u> </u>
Noodles - Small	Library				X						X				X	<u> </u>
Noodles - Large	Library				X					Х	X			Х	^	
GF Asian Glazed Chicken Cutlet + Rice + Salad Large Size Only Oyakodon - Small	Library Library				^	Х				X	^			X	Х	
Oyakodon - Smail Oyakodon - Large	Library					X				X				X	X	
Tomato Pasta Bake - Single	Library					X					Х					
Tomato Pasta Bake - with Salad	Library					X					Х					
Plain Rice - Small	Library					Х										
Plain Rice - Large	Library					Х										
Fried Rice - Small	Library					Х				Х	Χ	Х				
Fried Rice - Large	Library					Х				Х	Χ	Х				
Chicken tonkatsu - Small	Library						Х								Т	
Chicken tonkatsu - Large	Library						Х								Т	
Lasagne - Small	Library						Х									T
Lasagne with Chips	Library						X								Т	Т
Plain Rice - Small	Library						X									
Plain Rice - Large	Library						X			~	V	V				
Fried Rice - Small	Library						X			X	X	X				
Fried Rice - Large	Library Library	Х					^			^	^	^			Т	
Crumbod Sociood Claw	Library	X													X	
Crumbed Seafood Claw	Library	X									Х	Х	Х	Т	T	
Giant Spring Poll	LIDIAIY	^									^	^	^		Х	
Giant Spring Roll Prawn Stick	•	X														
Prawn Stick	Library	X								Т						
Prawn Stick Fish Stick	Library Library	Х								Т					Χ	
Prawn Stick	Library									T		X	Т	Т		

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Taiyaki - Red Bean	Library	X									Х			T	Т
Vege Kakiage	Library	Χ	<u> </u>							Х	Х			Т	
Portugese Tarts	Library	Х									Х				
Vegetable Korokke	Library	Х									Х				
Curry Korokke	Library	Х									Х	Х	Т	Т	
Chunky Beef	Library	Х								Х					
Pepper Steak	Library	Х								Х					
Steak and Mushroom	Library	Χ								Х					
Chicken and Vegetable	Library	Χ								Χ					
Curry Chicken and Vegetable	Library	Χ								Χ					
Steak and Cheese	Library	Χ								Χ					
Beef Curry	Library	Х								Х					
Sausage Roll	Library	Х								Χ					
Cornish Pastie	Library	Х								Х					
Spinach and Ricotta Roll	Library	Х								Χ	Χ				
Mexican Baguette	Library	Х								Х					
Haloumi , Spinach, Tomato, Avacado Baguette	Library	Х								Х	Х				
Smoked Salmon Baguette	Library	Х								Х				Х	
Cheese + Tomato Croissant	Library	Х								Х	Х				Т
Chicken + Cheese Croissant	Library	X								X					Ť
Ham + Cheese Croissant	Library	X													T
	•	X								Х	Х				T
Falafel Croissant	Library	X								^	^			Т	
Breakfast Wrap	Library										V			-	
Grilled Vege and cheese Panini	Library	X								X	Χ				
Chicken, Jalapeno Panini	Library	X								Х					
Tuna mayo, red onion, avo and spinach Panini	Library	X								Х				Χ	
Breakfast Burger	Library	Χ							Х	Х	Х				
Beetroot + avacado + salad Wrap	Library	Х								Х	Χ				
Peri Peri Chicken + Salad Roll	Library	Χ								Χ					
Parmesan Chicken Wrap	Library	Χ								Χ				Χ	
Pastrami, Swiss Cheese + Salad Roll	Library	Χ								Х					
Curried Egg Sandwich	Library	Х								Х	Х				
Ham + Cheese Sandwich	Library	Х													
GF Chicken + Mayo Sandwich	Library	Х							Х	Х					
Tuna + Mayo Sandwich	Library	Х								Х				Х	
Pastrami + Cheese Sandwich	Library	Х								X					
Curried Egg Sandwich - Wholemeal	Library	X								Х	Х				
	Library	X													
Ham + Cheese Sandwich - Wholemeal	Library	X								Х					
Chicken + Mayo Sandwich - Wholemeal		X								X				· ·	
Tuna + Mayo Sandwich - Wholemeal	Library		-											Х	
Pastrami + Cheese Sandwich Wholemeal	Library	X								Х					
Roasted Zucchini, Pumpkin, Capsicum Premium Sandwich - Wholemeal	Library	X	-							Х	Χ				
Pastrami, Swiss Cheese Premium Sandwich - Wholemeal	Library	Χ								Х					
Smokey Chipotle Chicken + Salad Premium Sandwich -Wholemeal	Library	Х								Х					
Tuna, Cos, Dill Pickle + Mayo Premium Sandwich - Wholemeal	Library	Х								Х				Χ	
Prager Ham, Salad + Seeded Mustard Premium Sandwich - Wholemeal	Library	Х													
GF Roasted Zucchini, Pumpkin, Capsicum Premium Sandwich	Library	Χ							Х	Χ	Х				
Pastrami, Swiss Cheese Premium Sandwich	Library	Х								Х					
Smokey Chipotle Chicken + Salad Premium Sandwich	Library	Х								Χ					
Tuna, Cos, Dill Pickle + Mayo Premium Sandwich	Library	Х								Х				Χ	
Prager Ham, Salad + Seeded Mustard Premium Sandwich	Library	Х													
Cooked Tuna - 4pc	Library	Х							Х	Х			Х	Х	
Cooked Tuna - 6pc	Library	Х							Х	Х			Х	Χ	
Teriyaki Chicken - 4pc	Library	Х							Х	Х			Х	Х	
Teriyaki Chicken - 6pc	Library	X							X	Х			X	X	
Katsu Chicken - 4pc	Library	X							^	X			T	T	
Katsu Chicken - 6pc	Library	X								X			T	T	
·												V	T	T	
IGF Tempura Veg - 4pc	•								X	X	X	X	' '		
GF Tempura Veg - 4pc	Library	Χ							X	X	X	X	Т		
GF Tempura Veg - 6pc	Library Library	X							Χ	Χ	X	X	T	T	
GF Tempura Veg - 6pc Smoked Salmon - 4pc	Library Library Library	X X X							X	X			Χ	Χ	
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc	Library Library Library Library	X X X							Χ	X X X			X	X	
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc	Library Library Library Library Library	X X X X							X X X	X X X	X	X	X X T	X X X	
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls -Vegan	Library Library Library Library Library Library Library Library	X X X X X							X X X	X X X X			X X T	X X X T	
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls - Vegan Rainbow Rice Paper Rolls - Chicken	Library Library Library Library Library Library Library Library Library	X X X X							X X X X	X X X X X	X	X	X X T	X X X	
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls - Vegan Rainbow Rice Paper Rolls - Chicken Chicken Mango Salad	Library	X X X X X	X						X X X X X	X X X X X X	X	X	X X T T X	X X X T	X
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls - Vegan Rainbow Rice Paper Rolls - Chicken Chicken Mango Salad falafel and salad Nourish Bowl	Library	X X X X X	X						X X X X X X	X X X X X X X	X	X	X X T T X	X X X T	Т
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls - Vegan Rainbow Rice Paper Rolls - Chicken Chicken Mango Salad falafel and salad Nourish Bowl Zuchini and Lentil bites Salad	Library	X X X X X		X					X X X X X	X X X X X X	X	X	X X T T X	X X X T X	
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls - Vegan Rainbow Rice Paper Rolls - Chicken Chicken Mango Salad falafel and salad Nourish Bowl Zuchini and Lentil bites Salad Chicken Caesar Salad	Library	X X X X X		X					X X X X X X X	X X X X X X X X	X	X	X X T T X	X X X T	T
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls - Vegan Rainbow Rice Paper Rolls - Chicken Chicken Mango Salad falafel and salad Nourish Bowl Zuchini and Lentil bites Salad	Library	X X X X X			X				x x x x x x x x	X X X X X X X X	X X X	X	X X T T X	X X X T X	T T
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls - Vegan Rainbow Rice Paper Rolls - Chicken Chicken Mango Salad falafel and salad Nourish Bowl Zuchini and Lentil bites Salad Chicken Caesar Salad	Library	X X X X X			X				X X X X X X X	X X X X X X X X	X	X	X X T T X	X X X T X	T
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls - Vegan Rainbow Rice Paper Rolls - Chicken Chicken Mango Salad falafel and salad Nourish Bowl Zuchini and Lentil bites Salad Chicken Caesar Salad Grilled lemongrass chicken Salad	Library	X X X X X				X			X	X X X X X X X X X	X X X	X X X	X X T T X X X	X X X T X	T T
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls - Vegan Rainbow Rice Paper Rolls - Chicken Chicken Mango Salad falafel and salad Nourish Bowl Zuchini and Lentil bites Salad Chicken Caesar Salad Grilled lemongrass chicken Salad falafel and salad Nourish Bowl	Library	X X X X X				X			X	x x x x x x x x x x	X X X	X	X X T T X	X X X T X	T T
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls - Vegan Rainbow Rice Paper Rolls - Chicken Chicken Mango Salad falafel and salad Nourish Bowl Zuchini and Lentil bites Salad Chicken Caesar Salad Grilled lemongrass chicken Salad falafel and salad Nourish Bowl Chicken Caesar Salad	Library	X X X X X							X	X X X X X X X X X	X X X	X X X	X X T T X X X	X X X T X	T T X T
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GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls - Vegan Rainbow Rice Paper Rolls - Chicken Chicken Mango Salad falafel and salad Nourish Bowl Zuchini and Lentil bites Salad Chicken Caesar Salad Grilled lemongrass chicken Salad falafel and salad Nourish Bowl Chicken Caesar Salad Crilchen Caesar Salad Zuchini and Lentil bites Salad Chicken Caesar Salad Zuchini and Lentil bites Salad Chicken Mango Salad falafel and salad Nourish Bowl	Library	X X X X X							X	x x x x x x x x x x x	X X X X	X X X X	X X T T X X X X	X X X T X	T T X T
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GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls - Vegan Rainbow Rice Paper Rolls - Chicken Chicken Mango Salad falafel and salad Nourish Bowl Zuchini and Lentil bites Salad Chicken Caesar Salad Grilled lemongrass chicken Salad falafel and salad Nourish Bowl Chicken Caesar Salad Chicken Caesar Salad Zuchini and Lentil bites Salad falafel and salad Nourish Bowl Chicken Caesar Salad Zuchini and Lentil bites Salad Chicken Mango Salad falafel and salad Nourish Bowl Yoghurt - Assorted Flavour Chia Pudding Muesli and Yoghurt	Library	X							X	X X X X X X X X X X X X X X X X X X X	x x x x x x x x x x x x x x x x x x x	x x x x	X X T T X X X X X	X X X T X	T T X T X T
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls - Vegan Rainbow Rice Paper Rolls - Chicken Chicken Mango Salad falafel and salad Nourish Bowl Zuchini and Lentil bites Salad Chicken Caesar Salad Grilled lemongrass chicken Salad falafel and salad Nourish Bowl Zuchini and Lentil bites Salad Chicken Caesar Salad Grilled lemongrass chicken Salad falafel and salad Nourish Bowl Chicken Caesar Salad Zuchini and Lentil bites Salad Chicken Mango Salad falafel and salad Nourish Bowl Yoghurt - Assorted Flavour Chia Pudding Muesli and Yoghurt Fruit Bowl	Library	X							X	X X X X X X X X X X X X X X X X X X X	X X X X X X X X X	X X X X X X X	X X T T X X X X X	X X X T X	T T X T X X T
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls - Vegan Rainbow Rice Paper Rolls - Chicken Chicken Mango Salad falafel and salad Nourish Bowl Zuchini and Lentil bites Salad Chicken Caesar Salad Grilled lemongrass chicken Salad falafel and salad Nourish Bowl Chicken Caesar Salad Crilcken Caesar Salad Grilled lemongrass chicken Salad falafel and salad Nourish Bowl Chicken Caesar Salad Zuchini and Lentil bites Salad Chicken Mango Salad falafel and salad Nourish Bowl Yoghurt - Assorted Flavour Chia Pudding Muesli and Yoghurt Fruit Bowl matcha cream daifuku	Library	X							X X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X X X X X	X X X X X X X X X X	x x x x	X X T T X X X X X	X X X T X	T T X T X X T
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls - Vegan Rainbow Rice Paper Rolls - Chicken Chicken Mango Salad falafel and salad Nourish Bowl Zuchini and Lentil bites Salad Chicken Caesar Salad Grilled lemongrass chicken Salad falafel and salad Nourish Bowl Zuchini and Lentil bites Salad Chicken Caesar Salad Zuchini and Lentil bites Salad falafel and salad Nourish Bowl Chicken Caesar Salad Zuchini and Lentil bites Salad Zuchini and Lentil bites Salad Zuchini and Lentil bites Salad Chicken Mango Salad falafel and salad Nourish Bowl Yoghurt - Assorted Flavour Chia Pudding Muesli and Yoghurt Fruit Bowl matcha cream daifuku strawberry cream daifuku	Library	X							X X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X	x x x x	X X T T X X X X X	X X X T X	T T X T X X T
GF Tempura Veg - 6pc Smoked Salmon - 4pc Smoked Salmon - 6pc Combination - 6pc Rainbow Rice Paper Rolls - Vegan Rainbow Rice Paper Rolls - Chicken Chicken Mango Salad falafel and salad Nourish Bowl Zuchini and Lentil bites Salad Chicken Caesar Salad Grilled lemongrass chicken Salad falafel and salad Nourish Bowl Chicken Caesar Salad Crilcken Caesar Salad Grilled lemongrass chicken Salad falafel and salad Nourish Bowl Chicken Caesar Salad Zuchini and Lentil bites Salad Chicken Mango Salad falafel and salad Nourish Bowl Yoghurt - Assorted Flavour Chia Pudding Muesli and Yoghurt Fruit Bowl matcha cream daifuku	Library	X							X X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X X X X X	X X X X X X X X X X	x x x x	X X T T X X X X X	X X X T X	T T X T X X T

Carrot Cake	Library	Х		l	l		l	Х	X				Χ
Caramel Slice	Library	Х						Χ	Χ				Т
Homemade Brownie	Library	Х						Χ	Χ				Т
Banana Bread - dairy free	Library	Х						Χ	Χ		Χ		Т
Apple Muffin	Library	Х						Χ	Χ				Т
Blueberry Muffin	Library	Х						Χ	Χ				Т
Chocolate Muffin	Library	Х						Χ	Χ				Т
Raspberry and White Choc Muffin	Library	Х						Χ	Χ				Т
Lemon and Coconut Muffin	Library	Х						Χ	Χ				Т
Orange + Almond Loaf - gluten free, dairy free	Library	Χ					Χ	Χ	Χ		Χ		Χ
Walnut + Pecan Brownie - gluten free	Library	Х					Х	Χ	Χ				Χ
Lemon Slice	Library	Х						Χ	Χ				Т
Choc chip Cookie	Library	Х							Χ				Χ
Florentines Cookie	Library	Х							Χ				Χ
Macadamia Cookie	Library	Х							Χ				Χ
Anzac Biscuit	Library	Х							Χ				
Smarty pants Cookie	Library	Х							Χ				Χ
Choc Croissant	Library	Х						Χ	Χ				Т
Blueberry Danish	Library	Х						Χ	Χ				Т
Apricot Danish	Library	Х						Χ	Χ				Т
Apple	Library	Х					Υ	Υ	Υ	Υ	Υ	N	N
Banana	Library	Х					Υ	Υ	Υ	Υ	Υ	N	N