

General Info								Allergen Information						
Menu Item and Group	Outlet	Everyday	Monday	Tuesday	Wednesday	Thursday	Friday	DAIRY FREE	GLUTEN FREE	HALAL	VEGAN	VEGETARIAN	CONTAINS S/FOOD	CONTAINS NUTS
Vegetable Cornish Pastie	Concept	X						N	N	N	N	Y	M	M
Tomato + Ham Quiche	Concept	X						N	N	N	N	N	M	M
Pumpkin and Leek Quiche	Concept	X						N	N	N	N	Y	M	M
Fetta and Spinach Quiche	Concept	X						N	N	N	N	Y	M	M
Samosa morroccan beef	Concept	X						N	N	N	N	N	M	M
Vegetable Samosa	Concept	X						N	N	N	N	Y	M	M
Beef, cheese and bacon pie	Concept	X						N	N	N	N	N	M	M
Bbq pulled pork pie	Concept	X						N	N	N	N	N	M	M
Pepper steak pie	Concept	X						N	N	N	N	N	M	M
Flaky Sausage Roll	Concept	X						N	N	N	N	N	M	M
Darrington's Spinach and Rycotta Roll (vegan and GF)	Concept	X						Y	Y	N	Y	Y	N	M
Darrington's Thai Green Pie (vegan and GF)	Concept	X						Y	Y	N	Y	Y	N	M
Darrington's Curry Pie (vegan and GF)	Concept	X						Y	Y	N	Y	Y	N	M
Cheese + Tomato Croissant	Concept	X						N	N	Y	N	Y	M	M
Chicken + Cheese Croissant	Concept	X						N	N	Y	N	N	M	M
Ham + Cheese Croissant	Concept	X						N	N	N	N	N	M	M
Plain Croissant	Concept	X						N	N	Y	N	Y	M	M
Breakfast Wrap	Concept	X						N	N	N	N	N	M	M
Sourdough Toast	Concept	X						Y	N	Y	Y	Y	M	M
Avo smash on Sourdough toast	Concept	X						Y	N	Y	Y	Y	M	M
Spicy Chicken Schnitzel, Cheese, Iceburg lettuce, Dill Pickle and Burger Sauce Bagel	Concept	X						N	N	Y	N	N	M	M
Mushroom, Hashbrown, Egg, Tomato, Caramelised Onion and Smokey Tomato Relish Bagel	Concept	X						N	N	Y	N	Y	M	M
Cheese Toastie	Concept	X						N	N	Y	N	Y	M	M
Plain Bagel	Concept	X						Y	N	Y	Y	Y	M	M
Everything Bagel	Concept	X						Y	N	Y	Y	Y	M	M
GF bagel	Concept	X						Y	Y	Y	Y	Y	M	M
Jalapeno Cheddar	Concept	X						N	Y	Y	N	Y	M	M
Bacon and Spring Onion	Concept	X						N	Y	N	N	N	M	M
Plain Cream Cheese	Concept	X						N	Y	Y	N	Y	M	M
Smashed Avacado Spread	Concept	X						Y	Y	Y	Y	Y	M	M
Panko crumbed chicken wrap	Concept	X						N	N	Y	N	N	M	M
Falafel, feta and garlic aioli wrap	Concept	X						N	N	Y	N	Y	M	M
Classic Cheese Toastie	Concept	X						N	N	Y	N	Y	M	M
Chicken, rocket, avocado Sourdough Sandwich	Concept	X						N	N	Y	N	N	M	M
Grilled Eggplant, Zuchinni, Pumpkin, roasted capsicum, spinach and provolone cheese sandwich	Concept	X						N	N	Y	N	Y	M	M
BLT Sub	Concept	X						N	N	N	N	N	M	M
Continental Sandwich	Concept	X						N	N	N	N	N	M	M
Chickpea, avocado, coriander, lime, spring onion, cos & alfalfa sandwich	Concept	X						N	N	Y	N	Y	M	M
Sultana Scroll	Concept	X						N	N	Y	N	Y	M	M
GF DF Chocolate Mudcake	Concept	X						Y	Y	N	N	Y	M	Y
GF VGN Salted Caramel Mudcake	Concept	X						Y	Y	N	Y	Y	M	Y
GF VGN Chocolate Raspberry Brownie	Concept	X						Y	Y	N	Y	Y	M	Y
Muesli Cookie	Concept	X						N	N	N	N	Y	M	Y
Portion controlled tomato sauce	Concept	X						Y	Y	Y	Y	Y	M	M
portion controlled bbq sauce	Concept	X						Y	N	Y	Y	Y	M	M
portion controlled sweet chilli sauce	Concept	X						Y	Y	Y	Y	Y	M	M
Apple	Concept	X						-	-	-	-	-	-	-
Banana	Concept	X						-	-	-	-	-	-	-
Cooked Tuna - 4pc Sushi	Concept	X						Y	Y	Y	N	N	Y	M
Cooked Tuna - 6pc Sushi	Concept	X						Y	Y	Y	N	N	Y	M
Teriyaki Chicken - 4pc Sushi	Concept	X						Y	Y	Y	N	N	M	M
Teriyaki Chicken - 6pc Sushi	Concept	X						Y	Y	Y	N	N	M	M
Katsu Chicken - 4pc Sushi	Concept	X						Y	N	Y	N	N	M	M
Katsu Chicken - 6pc Sushi	Concept	X						Y	N	Y	N	N	M	M
GF Tempura Veg - 4pc Sushi	Concept	X						Y	Y	Y	Y	Y	M	M
GF Tempura Veg - 6pc Sushi	Concept	X						Y	Y	Y	Y	Y	M	M
Smoked Salmon - 4pc Sushi	Concept	X						Y	Y	Y	N	N	Y	M
Smoked Salmon - 6pc Sushi	Concept	X						Y	Y	Y	N	N	Y	M
Combination - 6pc Sushi	Concept	X						Y	N	Y	N	N	Y	M
Rainbow Rice Paper Rolls -Vegan	Concept	X						Y	Y	Y	Y	Y	M	M
Rainbow Rice Paper Rolls -Chicken	Concept	X						Y	Y	Y	N	N	M	M
Grilled Chicken & Mango Salad - Thyme To Mango	Concept	X						N	Y	Y	N	N	M	Y
Chicken Caesar Salad - Chicken See's A Salad	Concept	X						N	N	N	N	N	M	M
Falafel Kebab Salad - The Lazy Legume	Concept	X						N	Y	Y	N	Y	M	M
Mexican Chicken Salad - Guac And Bowl	Concept	X						N	Y	Y	N	N	M	M
Mediterranean Quinoa and Hummus Salad - Meze On The Go	Concept	X						N	Y	Y	N	Y	M	M
Miso Tofu Noodle Salad - Miso Magic	Concept	X						Y	Y	N	N	Y	M	M
Jerk Chicken, Avocado & Mango - Spice of Jamaica	Concept	X						Y	Y	Y	N	N	M	M

[illegible]